

Welcome to Adonia Aesthetics Training Academy

Our vision is to provide Practitioners with the necessary skills required to develop a thriving Aesthetics Business. We offer virtual lessons and live video demonstrations on a user friendly online learning portal as well as hands on practical training on live models at our elite training Academy.

Our online courses are designed for practitioners wishing to enter the field of medical aesthetics where you will learn basic and advanced techniques in facial injectables as it relates to beauty of all ages at a learning pace to suit you. These CPD accredited courses are also ideal for those delegates who have previously attended an Aesthetics Course elsewhere but wish to refresh their knowledge and build their confidence. On successful completion of our elearning course you will receive recognised certification.

Currently we train Doctors, Dentists, Dental Hygienists, Dental Therapists, Nurses, Paramedics, Pharmacists and Non-medics. Medical professionals must be registered to a Medical Body. Entry level requirements for Non-medics are as follows:

· NVQ Level 3 in Beauty therapy Or

• Anatomy & Physiology Level 3 Certification AND 6 Months experience in an Advanced Beauty Treatment that penetrates the skin i.e. Micro-needling, Mesotherapy, Semi Permanent Makeup or Microblading.



About our elearning courses:

Our online courses do not replace the need for practical face to face training. Therefore once you have successfully completed the elearning courses we recommend you undertake the practical training with us at our elite Training Academy where you will learn hands on practical skills of administering non-surgical treatments on live models overseen by our expert trainer and owner of Adonia Aesthetics Natalie Naraghi.

On successful completion of the practical training course you will then receive fully accredited CPD certification which will allow you to get cosmetic medical insurance with our affiliated providers Hamilton and Fraser or for Non Medics Insync Insurance. We believe in promoting safety and best practice in Aesthetics. When you join our Academy you will benefit from ...



Exceptional E-Learning Content

Easy step-by-step lessons to include exclusive video demonstrations and didactics, presentations, workbooks, drawings and resources for injectors at every level.



Practical Training

Upgrade to our CPD accredited practical training courses where you'll receive hands on training with live models at our Academy. You'll receive full support and mentorship to develop your excellence in clinical skills.



Opportunity to Join Our Online Community

Be part of a supportive online community with fellow injectors across the globe where best practice is shared.

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Ongoing Support

As you progress through your practical training with us you will receive ongoing support and mentorship. We will provide you with all the necessary industry knowledge required for a thriving Aesthetics Business.

Discounts with our Training Bundles

Get ahead of the game faster and have the edge over your competitors as well as saving money with our best selling online training bundles.

£

Finance Options to suit your Budget

There are several payment options available when purchasing our courses. You can choose to purchase our courses in full or split your payments over 6 months. Finance is also available on all our courses.

Anti Wrinkle Injection Foundation Course

Pricing Options:

Elearning Course: **£189** Monthly Payment Plan: **6 x £31.50**

Practical Training: **£506** (Must have successfully completed theoretical training first)

Monthly Payment Plan option available (Please speak with a member of our team for finance options)

Our Anti-wrinkle Foundation elearning Course is the perfect start to becoming a competent and safe aesthetics practitioner and covers all the essentials you will need to successfully treat the upper face with Botulinum Toxin.

On this course you will gain the theoretical knowledge needed to deliver safe and effective anti-wrinkle injections. From learning the relevant facial anatomy and physiology to facial assessments and product knowledge to complications and complication management this online course will provide you with a great foundation to learning the skills you need to perform safe and effective anti wrinkle injections.

What's more unlike other courses that focus on one Brand of Botulinum Toxin this course will cover all 3 Brands that are licensed to be used In the UK by the MHRA for cosmetic procedures. We also limit class sizes to 2 students maximum to allow 1:2 tuition. 1:1 tuition is available on request.

- Anatomy of the Face.
- Skin Aging.
- Botulinum Toxin: The Facts, Brands, Contra-indications & Cautions.
- Facial Assessment.
- Preparing to treat the Patient.
- Treating the '3 areas'.
- Injection Patterns.
- Injecting Technique.
- Dosage
- Complications and Complication. Management.
- Consent.
- Health & Safety.
- Advertising Guidelines.
- GDPR, Data Protection and Record Keeping.
- Post Treatment Care.
- Ongoing guidance and support.

HA Dermal Filler Foundation Course

Pricing Options:

Elearning Course: **£189** Monthly Payment Plan: **6 x £31.50**

Practical Training: **£506** (Must have successfully completed theoretical training first)

Monthly Payment Plan option available (Please speak with a member of our team for finance options)

Our HA Dermal Filler foundation course will equip you with all the theoretical knowledge needed to carry out successful facial aesthetic treatments of nose to mouth lines, marionette lines and peri-oral lines.

From learning the relevant facial anatomy and physiology to facial assessments and product knowledge to complications and complication management this course will provide you with a great foundation to delivering these highly popular dermal filler treatments.

For practical training we limit class sizes to 2 students maximum to allow 1:2 tuition. 1:1 tuition is available on request.

- Facial Aging.
- Skin Aging.
- Hyaluronic Acid.
- The Leading Brands.
- Cautions & Contra-indications.
- Injection Techniques.
- Injection Patterns.
- Aspiration.
- Complications & Complication Management.
- Hyaluronidase.
- Health & Safety.
- Consent.
- GDPR, Data protections and Record Keeping.
- Post Treatment Care.
- Ongoing Guidance & Support.



Lip Filler Augmentation Foundation Course

Pricing Options:

Elearning Course: **£249** Monthly Payment Plan: **6 x £41.50**

Practical Training: **£446** (Must have successfully completed theoretical training first)

Monthly Payment Plan option available (Please speak with a member of our team for finance options)

This exciting course is designed for delegates looking to enter the world of lip augmentation or to existing injectors wishing to further their knowledge and perfect their lip injecting skills to achieve outstanding results for their patients.

Delegates will learn the relevant anatomy and physiology and its relation to administering safe and effective lip treatments as well as gaining knowledge of lip assessments, injection techniques, complications and their management.

For practical training we limit class sizes to 2 students maximum to allow 1:2 tuition. 1:1 tuition is available on request.

- Why Lip Augmentation?
- Assessing the Lips.
- Hyaluronic Acid.
- Dermal Fillers.
- Contra-indications and Cautions to HA Dermal Fillers.
- Injection Techniques.
- Aspiration.
- Complications and Management.
- Hyaluronidase.
- Post Treatment Care
- Consent.
- GDPR, Record Keeping and Data Protection.



Hyaluronidase: Elective & Emergency use

Pricing Options:

Elearning Course: **£39** Monthly Payment Plan: **6 x £6.50**

Practical Training: **£56** (Must have successfully completed theoretical training first)

Our Hyaluronidase course will provide you with all the necessary skills and knowledge required for the safe and effective use of Hyaluronidase in the management of complications associated with dermal filler procedures.

Learning to administer Hyaluronidase is an essential skill for all aesthetic practitioners undertaking dermal filler procedures. This accredited course will provide you with the essential knowledge and skills required to enable you to store, reconstitute and administer Hyaluronidase for both elective correctional procedures and in the event of an emergency where vascular flow is compromised.

For practical training we limit class sizes to 2 students maximum to allow 1:2 tuition. 1:1 tuition is available on request.

- What is Hyaluronidase?
- Indications for use of Hyaluronidase in Aesthetics.
- Storage, Reconstitution and; Dosage.
- Cautions and Contraindications.
- Intradermal Patch Testing.
- Hyaluronidase Protocol for Vascular Occlusion.
- Hyaluronidase Protocol for Elective Indications.
- Consent.
- Post Treatment Care.





Developing a successful Aesthetics Business

Pricing Options:

Pricing Options: £9.99

Have you always wanted to start your very own Aesthetic Business but have no idea where to start? Here Natalie Naraghi founder and owner of Adonia Aesthetics gives you her top tips and tricks on how to create your successful Aesthetics Business in this informative elearning course.

- Business and Financial Planning
- Marketing.
- Your Business Name.
- Establishing your unique brand identity.
- Website Design.
- Social Media.
- Email Marketing.
- The Law in Aesthetics.
- Product Ordering.
 - Expert Groups and Organisations





Natalie Naraghi Senior Instructor

Natalie is an experienced Nurse Practitioner with over 24 years of medical experience - 12 of those in Medical Aesthetics. Having begun her nursing career in 1997 she went on to graduate from the University of Manchester with a First Class Honours Degree in Nursing in 2001.

As a Nurse, Natalie has always believed that a major and important part of her role is to increase patients self esteem and wellbeing. It is this philosophy that has led her to become an expert in Aesthetics specialising in anti-ageing and beautification using the latest non-surgical cosmetic techniques.

In 2018 Natalie set up Adonia Aesthetics Academy. Her aim being to develop a group of exceptional Aesthetic Practitioners who are recognised by both clients and the Aesthetics Industry as having gold standard training and the best clinical practice in terms of excellent evidence based techniques, safe practice and comprehensive backup support.

Natalie is a non-medical prescriber and a full member of the Nursing Midwifery Council, the British Association of Nurses and the Aesthetic Complications Expert Group.





Practical Training?

To book onto our practical training at our elite Academy contact us at:

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Tel. 01204 263263 Mobile. 07525178697

We can't wait to welcome you to our Academy soon...

Natalie & The Adonia Team



